

The Neurosequential Model of Therapeutics®

Advanced NMT Certification

Phase III/Mentor and the Post-Certification Consultant Programs

2021

Phase III/Mentor Certification: Overview

The Neurosequential Model® is a neurodevelopmentally informed, biologically respectful perspective on human development and functioning. The Neurosequential Model of Therapeutics® (NMT) uses this perspective in the clinical problem-solving process.

The Neurosequential Network (NMN) has developed a set of training materials, supervised training experiences and Clinical Practice Tools (the NMT metrics) to help clinicians develop the capacity to use the NMT with the children, youth and adults they serve. An NMT certification process has been created to provide a basic level of exposure to the core concepts, introduction to the use of the NM web-based metrics, and key elements for implementing the NMT (Phase I). An advanced step in NMT Certification is Phase II/Train-the-Trainer; this process allows a deeper dive into the core concepts underlying the NM, provides multimedia and related materials to support training others in the NM and, in context of an NMT-certified organization allows the NM Trainer (Phase II/TTT certified) to lead an internal Phase I certification process.

After many years of discussion and growth, the NMN is now formally offering a third phase of NMT certification – Phase III/Mentor. This process will provide introduction to the Neurosequential Model in Reflection & Supervision (NMRS) with Dr. Kristie Brandt, a deeper dive into clinical application and implementation science related to the NM, and ongoing opportunities to teach, train and participate in the further development of the NM.

Certification as an NM Mentor will allow individuals to train and certify Phase I learners (external certification) and will also allow NM Mentors in NMT certified organizations to offer NMT Phase I certification for individuals or groups outside their organization. This can become an income generating activity for both individual NM Mentors and NMT-certified organizations with trained NM Mentors.

An outline of this phase of NMT certification follows.

Pre-Requirements

The Phase III/Mentor NMT Certification Process

The Phase III/Mentor NMT Certification process is designed for advanced clinical professionals. In order to be eligible individuals must first meet the following requirements:

- 1) At least a master's degree in social sciences or equivalent (e.g., psychology, education, social work, nursing, OT/PT, etc.)
- 2) A current license (e.g., LPC, LMFT, LMSW, etc.) or similar designation (if outside of US)
- 3) Current practice working with children, youth, adults or families
- 4) Successful completion of Phase I within the last 8 years
- 5) Successful completion of Phase II within the last 6 years
- 6) Two consecutive years (2018-2020) meeting full Maintenance expectations for metric completion and fidelity exercise participation

Those individuals meeting the requirements for certification must complete their registration online.

A. Curricular Elements for the Phase III/Mentor Track

1. Multimedia Content

- 1) View Multimedia content (via a video streaming account, recorded presentations, The NMN YouTube Channel, NM Sport Podcasts, etc.) according to training syllabus.
- 2) Develop new multimedia recommendations (see below)

2. Readings

- 1) Complete package of required readings according to training syllabus.
- 2) Develop new reading recommendations (see below)

3. NMT Advanced Clinical Case Discussions (live & recorded)

- 1) Lead and participate in the ongoing Advanced Clinical Case Series

4. Introduction to the NMRS

- 1) Attend the NMRS Bootcamp (live)
- 2) Participate in the post-NMRS Bootcamp reflection sessions
- 3) Enrolling in NMRS is a separate registration and the \$1000 fee is paid to the Parent-Infant & Child Institute

5. NMT Online Clinical Practice Tools (also known as the NMT Metrics)

- 1) Continue to use NMT Metrics – with a focus on the recommendation sections (especially in context of presented cases)

2) Participants must call in LIVE or view recording of the monthly Metric Scoring Call.

3) Participants must complete all Fidelity Exercises: On an annual basis, all NMT-certified and NMT-certification training clinicians will be required to score 1 case using the NMT

6. Study Group Meetings

1) Mentors and Mentor trainees oversee Phase I Study Groups (led by Phase II-TTT trainees) and lead the Phase II-TTT (Trainer) Study Groups.

2) Participate in the Mentor Study Groups (as per the training syllabus)

6. Academic

1) As outlined below (and in sub-headings above) each Mentor trainee will develop a package of training content related to an area of their interest; this will include a 12-15 minute videoclip, a set of complementing slides (10-12) and an NN Brief on the topic. NN Briefs are 3-5 page documents focusing on a specific issue or topic with 5-6 supporting annotated references.

The third phase of the NMT Certification process, the Mentor Phase, is to support the ongoing professional development of the clinician with a specific target on mastery of both basic and advanced facts, principles and concepts related to the Neurosequential Model with a focus on reflective supervision, systemic implementation, and advanced clinical applications. The long-term objective is to create a set of more independent NMT-trained clinicians who may be capable of semi-independent training and certification of other clinicians in the NMT.

Relative to the other phases of NMT Certification the capacity building process will be more diverse, multi-dimensional and Mentor-driven. Each Mentor trainee will be encouraged to independently seek out multimedia, print and related content that will best suit their specific professional development. The multimedia content and readings that each Mentor Trainee develops will be reviewed and added to an NMT "recommended" multimedia library. In this way each Mentor will add to the overall NMT Network library and enrich the learning experiences of all future participants.

Each Mentor trainee will be given a Suggested Materials template (a Word document with a table) to populate with their suggested multimedia and print content. These Suggested Materials forms can be submitted to NMN at any time (or multiple times) during the Mentor certification process. New multimedia content will be added during the Mentor Phase; further, it is expected that the Mentor trainee will be familiar with and able to discuss the multimedia content that is part of Phase I and Phase II-TTT certification. As the NMT Certification process is always being updated to reflect new and updated materials, it will be important for the Mentor trainee to monitor updates (this is especially true for new print and multimedia materials).

The “backbone” of the NMT certification process has always been the case-based presentations and discussion of the application of the core concepts and the NMT Clinical Practice Tools (NMT Metrics). The Mentor trainees will be asked to present a minimum of two clinical cases to the live Advanced Clinical Case-based training series.

A major role of the Mentor will be to develop and expand their comfort with a clinical leadership role within the broader NMT network. A Mentor trainee may be asked to participate as a co-discussant in one of the NMT Boot Camp models (live, virtual or mixed); or they may be asked to be a co-discussant in a clinical webinar or an actual clinical consultant in an independent referral. The specific manner in which the Mentor trainee evolves their clinical comfort and expertise will vary and can be independently discussed with the NMN Senior Administrative team.

B. Documentation of Certification Requirements

Each participant in NMT Individual Certification will be responsible for documenting compliance with each of the above-mentioned requirements and submit signed checklists at the end of each training phase. We estimate that full Phase III/Mentor certification requirements will take 15 months, although it is possible to complete them in 12 months.

All participants must sign and adhere to the NMN’s client confidentiality and attribution policy guidelines.

C. Cost for Phase III/Mentor Training Certification

The total cost for Phase III/Mentor certification is \$ 5000. Each candidate must register and pay \$ 1000 to the Parent-Infant & Child Institute, Napa CA to participate in the NMRS Bootcamp and Reflective Supervision groups. The remainder (\$4000) is paid to the NMN via online registration. There is only ONE Phase III/Mentor track for individual clinicians and for individual clinicians within organizations.

D. Post-certification

Following completion of Phase III/Mentor certification, individuals and organizations can offer NMT Phase I certification to others. Enrolling candidates for this ‘external’ training process will be in collaboration with, and involve registration with the NMN. Each Mentor can charge 1500/Phase I trainee and have up to 10 individuals in a training cohort (Study Group).

Contact the NMN for full details regarding post-certification training process and opportunities.