

## The Neurosequential Model of Therapeutics<sup>®</sup> NME Trainer Program - 2023 Virtual Bootcamp

#### NME Trainer Program: Brief Overview

The Neurosequential Model in Education (NME) brings The Neurosequential Network's neurodevelopmental and trauma-informed approach to the classroom. Our goal is to educate faculty and students in basic concepts of neurosequential development and how to apply this knowledge to the teaching and learning process. The NME curriculum provides an introduction to core concepts such as how the brain works, develops, changes and is impacted by developmental adversity, including trauma. The NME training provides practical application of these key concepts that can be useful in everyday educational settings. NME Trainers learn to use a Classroom Functional Map that allows teachers a simple and rapid way to assess their students' relative brain-mediated strengths and weaknesses.

The majority of the NME Trainer Program is conducted via distance learning using webarchived materials that allow participants to work through the content in a flexible manner, allowing busy professionals to participant without disrupting their usual activities. The format, while structured and manualized, is flexible and convenient. While this flexibility is truly welcomed, many professionals appreciate more intensive and interactive opportunities to connect with their fellow NME learners and practitioners. NME Bootcamp provides this face-to-face learning experience.

#### NME Trainer Program Bootcamp: Virtual Model 2023

The Neurosequential Network is pleased to offer a Bootcamp for our NME Trainer Program on **Tuesday, April 18, 2023 (full day) and Tuesday, April 25, 2023 (afternoon only).** This Boot Camp is a **live, virtual-learning experience** led by NME Program Co-Coordinators Katie Lohmiller and Halley Gruber.

Please note that participants must plan to attend for the full online time commitment (both days) and must have access to a computer and high-speed internet connection to participate.

#### NME Trainers Program Curriculum:

The Neurosequential Network's NME Trainer Program is based on a "Train the Trainer" model. In its current phase, the NME Trainer Program consists of ten modules, representing approximately 100 hours of training over the course of 10 months. An NME Mentor and/or NME Advanced Trainer will provide guidance and supervision for the learners through monthly study group meetings in completing the following requirements:

- 1. Webinars from the Introduction to the Neurosequential Model Series and the Introduction to the NME Series are core components of the program. (If a learner has completed the Introduction to the NME Series prior to entering the NME Trainer Track, there is no need to repeat viewing these sessions, although most learners come to learn that repetition and re-exposure to these core concepts is useful for mastery.)
- 2. Guided book studies of *What Happened To You*? and *The Boy Who was Raised as a Dog* are also key components of the training. (Please note that participants will need to obtain their own copies of both books as they are not included in the training enrollment fee).
- 3. An additional syllabus of multimedia content for the program includes didactic videos, case-based training sessions, and a five-session NME Mini-map training series\*.
- 4. Participants are required to attend two live, 1-hour study group meetings each month.
- Participants are also required to join two additional online meetings each month or view recordings of the meetings: 1) NME Implementation sessions and 2) Neurosequential Network Community Meetings
- 6. Final Project

The NME Bootcamp is a terrific way to kick off the NME Trainer Program and provides an opportunity for in-person learning and relationship-building. The NME Bootcamp will boost the learning process for NME Trainers and better prepare them to provide professional development and on-site support within their own schools and school districts. Following Boot Camp, participants will continue to work through the NME Trainer Program curriculum and will be assigned to a study group that will meet virtually twice per month for 10 months to review and discuss each module and work on the final project.

Once training is completed, the NME Trainers join a worldwide network of NME practitioners who share best practices on an ongoing basis. New materials created by the



Neurosequential Network to support NME trainers will be shared routinely as this community continues to grow.

## For complete NME Trainer Program details, <u>CLICK HERE</u>.

### <u>Cost:</u>

The total registration cost for this NME Boot Camp including the full NME Trainer Program and materials is \$4,000 USD. An initial payment of \$2,000 USD is due upon enrolment, with the remaining balance of \$2,000 USD is due within six months. A single payment of \$4,000 USD is also possible.

Registration cost INCLUDES

- Your full NME Boot Camp Program
- Your full enrolment in the NME Trainer Program including materials (Exception: Participants must supply their own copy of Dr. Perry's book *What Happened to You?* not needed for Boot Camp)

We look forward to this unique training experience and are happy to answer any/all questions. Please contact Jana Rosenfelt, M.Ed. for more information at 281-932-1375 or <u>JLR@neurosequential.com</u>

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